

# AROMA LOUNGE

RESTAURANT & TAKEAWAY

## *A warm welcome to the Aroma Lounge*

Where suitable ambience with exquisite atmosphere along with superb food is matched only, by the personal attention from the staff to complete your experience. You will be welcomed in to a relaxed & comfortable surroundings tempted by an unrivalled range of authentic and imaginative fusion dishes, which are prepared by our caring chef using only the highest quality ingredients.

*Our approach to healthy eating demands that no artificial colours stock or food additives are used in our dishes. Indeed most of the spices we use are freshly ground in our kitchen.* We bring Hertfordshire a new concept in culinary fare, we believe we have created a takeaway for tomorrow which is traditional yet modern, authentic yet innovative. Aroma Lounge offers a relaxed atmosphere to celebrate with you whatever the occasion.

Quite simply we cannot afford to be expensive but we can afford to be the best our maxim is “made fresh to order to suit your taste” and we mean it!

All dishes we have in this menu are made to order, so some dishes will take more time than others - please enquire if necessary.  
Enjoy...

The Management

**“There is no sincerer love...  
Than the love of food”**



**Any dish that is not on this menu can be prepared on request.**

The management reserve the right to refuse service without notice and explanation.

### ALLERGY ADVICE:

Some of our menu items may contain nuts, seeds and other Allergens. Please ask a member of staff for more information



## Savouries

Pappadom (Plain)	£0.75	Spicy Pappadom	£0.75
Mango Chutney / Mix Pickles (Each)			£0.75
Mint Sauce / Onion Salad / Chilli Sauce (Each)			£0.75
Raitha Yoghurt with finely chopped onions or cucumber. 🍷			£3.00
Chutney Tray			£3.00
Green Salad Crispy seasonal salad.			£2.00

## Authentic Contemporary Starters

Served with salad

Chot Poti Chick peas fried with onions, peppers and coriander with a hint served with a pancake. of tamarind sauce, 🍷 garnished with tomatoes & cucumber,	£5.20
Onion Bhaji Onion filled flour balls mixed with lentils & potato mildly spiced with ground herbs. (Vegetarian dish)	£4.20
Meat Or Vegetable Samosa 🍷	£3.20
Chicken Tikka 🍷 🍷	£3.95
Lamb Tikka 🍷 🍷	£3.95
Tandoori Chicken 🍷 🍷	£3.95
Sheek Kebab 🍷	£3.95
Paneer Tikka 🍷 🍷	£4.40
Shami Kebab Spicy minced lamb, fried. 🍷	£3.95
Reshmi Kebab Freshly minced meat delicately fried in butter & shelled in an omelette. 🍷	£3.95
Lamb Chops Lamb chops marinated in yoghurt with spices & grilled in clay oven. 🍷	£5.70
Laziz Medium spiced mince meat wrapped with pancakes. 🍷 🍷	£5.40
Chicken Wings Marinated in yoghurt with spices & grilled in clay oven 🍷	£5.40
Garlic Crabs Succulent white crabs stir-fried with spring onions, garlic, ginger, accompanied by South Asian bread 🍷 🍷	£6.40
Chicken Pakora Diced chicken fried in mild spices. 🍷 🍷	£3.95
Vegetable Pakora 🍷 🍷	£3.95
House Special Grill Lamb tikka, chicken tikka & sheek kebab. 🍷 🍷	£5.40
Chicken Chat Mildly cooked with onions, tomatoes, cucumber and chat masala spice.	£3.95
Aloo Chat	£3.95
Prawn Puri Medium spiced prawns on puri bread. 🍷 🍷	£4.95
Prawn Cocktail 🍷	£3.95
King Prawn Puri 🍷 🍷	£5.70
Tandoori King Prawn 🍷 🍷 🍷	£6.40
Tandoori Platter (Serves 2 persons) 🍷 🍷	£8.95
King Prawn Butterfry 🍷 🍷	£6.40
Kebab Wrap Sheek kebab & salad rolled with special roti. 🍷 🍷	£5.40
Chicken Wrap 🍷 🍷	£5.40
Kebab Puri 🍷 🍷	£5.40
Chicken Nuggets & Chips 🍷	£5.40
Chips	£2.75



Scan your smart phone here



## *Tandoori Specialities*

Tandoori is a barrel shaped, open topped, charcoal fired oven with dry walls. The dishes have been marinated previously in our special mixtures, then barbecued on skewers, served with seasonal salad and mint sauce.

Chicken Or Lamb Tikka 🍌🍌	£7.90
Cubes of succulent chicken or lamb breast medium spiced, marinated & dry roasted in a clay oven.	
Half Tandoori Chicken 🍌🍌	£7.90
Pieces of succulent chicken breast and leg medium spiced, marinated & dry roasted in a clay oven.	
Chicken Or Lamb Shashlik 🍌🍌	£8.20
Marinated spiced chicken or lamb with onions, capsicum & tomatoes, cooked on a skewer in tandoori oven.	
Tandoori Mixed Grill 🍌🍌🍌🍌	£11.90
Marinated mixture of chicken tikka, lamb tikka, tandoori chicken & sheek kebab. Served with naan.	
Sheek Kebab 🍌🍌🍌	£7.90
Spiced minced lamb cooked on a skewer & roasted in a tandoori oven.	
King Prawn Shashlik 🍌🍌	£13.20
King prawn, onions, capsicum and tomatoes, cooked in a skewer in tandoori oven.	
Paneer Tikka Shashlick 🍌🍌	£9.90
Indian cheese, onions, capsicum and tomatoes, cooked in a skewer in tandoori oven.	
Paneer Tikka 🍌🍌	£9.45
Lamb Chops 🍌🍌	£9.90
Tandoori King Prawn 🍌🍌🍌	£12.45
Jumbo king prawn marinated in yoghurt with spices and grilled in clay oven.	
Garlic Tandoori King Prawn 🍌🍌🍌	£12.90
Chicken Wings 🍌🍌	£9.90

## *House Specialities*

Chicken Or Lamb Tikka Masala 🍌🍌🍌	£9.20
Diced pieces of chicken or lamb cooked with a mild & special creamy sauce.	
Paneer Tikka Masala 🍌🍌🍌	£9.20
Diced pieces of cheese cooked with mild & special creamy sauce.	
Pasanda Chicken Or Lamb 🍌🍌	£9.20
Chicken or lamb fresh cream, then cooked in exotic gravy.	
Chicken Or Lamb Shashlik Masala 🍌🍌	£9.20
Barbecued with tomatoes, onions, green peppers & garlic. Cooked in freshly spiced sauce.	
Butter Chicken Or Lamb 🍌🍌	£9.20
Tender chicken or lamb mildly cooked with special spices, herbs and butter.	
Manchurian Chicken Or Lamb 🍌🍌	£9.20
Chicken or lamb cooked with fresh cream, ground almonds, coconut powder, sweet mango, lychee in special sauce.	
Makhani Chicken Or Lamb 🍌🍌	£9.20
Tender chicken or lamb cooked in cream, coconut, almonds & garnished with cheese.	
Tandoori King Prawn Masala 🍌🍌🍌🍌	£13.45
Vegetable Masala 🍌🍌	£8.90
Paneer Shashlick Masala 🍌🍌	£9.90
Salmon Tikka Masala 🍌🍌🍌	£13.90
Fish Tikka Masala 🍌🍌🍌	£11.90
King Prawn Delight 🍌🍌🍌	£13.45
Mild, barbecued jumbo prawns cooked in butter & fresh cream, served in exotic sauce.	
Manchurian Paneer Almonds, coconut, mango & lychee. 🍌🍌	£9.90

## Chef's Signature Dishes

Baraka Lamb or Chicken <i>(Award Winning Dish)</i> 🌿🏆	£10.90
Lamb chops or Chicken wings cooked with olive oil, fresh garlic, ginger, onions, lemon grass, baby spinach, cherry tomatoes, coriander and a blend of spices.	
Chef Special 🌿🏆🏆	£9.45
Medium spiced dish with chicken, lamb, potato and broccoli, served with green herbs & curry leaves.	
Aroma Special 🌿	£9.45
Marinated chicken pieces steam cooked with tomatoes, mushroom, onion & capsicum. Very rich in spice.	
Village Special 🌿🏆🏆	£9.45
Medium or hot. Chicken & lamb highly spiced and barbecued, seasoned in ginger, onions, and aromatic herbs, cooked in special sauce.	
Chicken Tikka Chilli Cooked with fresh green chillies & onion. 🌿🏆🏆	£9.45
Garlic Chilli Chicken Or Lamb 🌿🏆🏆	£9.45
Extra garlic, sliced green chillies, green peppers, ginger, tomato in a special spicy sauce.	
Sylheti Chicken Or Lamb 🌿🏆🏆	£9.45
Chicken or lamb cooked with fresh green chillies, onions & coriander.	
Korai Chicken Or Lamb 🌿🏆🏆	£9.45
Medium spices or hot chicken or lamb pieces marinated in special spices, cooked in thick gravy with herbs, tomatoes, capsicums and onions.	
Chicken Jafrani 🌿🏆🏆	£9.45
Char boiled chicken smothered in a spicy mustard coriander, naga chilli paste with lemon tang.	
Silsila Chicken Or Lamb 🌿🏆🏆	£9.45
Pieces of chicken or lamb toasted in onion, capsicum in a light spicy sauce.	
Lemon Chicken Or Lamb 🌿🏆🏆	£9.45
Medium spiced & cooked with special lemon flavour.	
Chicken Peshwari 🌿	£9.45
Chicken marinated cooked with capsicum, tomato baby spinach and curry leaves.	
Murgi Massala 🌿🏆🏆🏆	£9.45
Boneless marinated chicken cooked with egg & mince meat.	
Uree Chicken Or Lamb 🌿	£9.45
Fresh sliced green beans accompanied by rich medium spicy sauce.	
Bhindi Chicken Or Lamb 🌿	£9.45
Fresh sliced okra accompanied by rich medium spicy sauce.	
Shatkora Chicken Or Lamb 🌿🏆🏆	£9.45
Chicken or lamb cooked with Bangladeshi citrus fruit, mixture of special herbs & spices.	
Fish Curry 🌿👉	£10.45
Fresh tilapia fish cooked with onion, garlic and special herbs in a medium hot.	
Fish Jalfrezi 🌿👉	£10.90
Fresh tilapia fish cooked with chillies, garlic and special herbs in a fairly hot sauce.	
Salmon Special 🌿👉	£13.90
Fresh salmon cooked with fresh olives, spring onions & medium spice.	
Salmon Curry Fresh salmon cooked with spring onions & medium spice. 🌿👉	£11.90
Lamb Chops Bhuna 🌿🏆🏆	£11.90
Lamb chops cooked with herbs & thick sauce slightly spiced.	
Black Pepper Chicken 🌿👉	£9.45
Marinated chicken cooked with mushrooms, capsicum, black pepper & oyster sauce.	
Bengal King Prawn 🌿👉	£13.45
King prawn in shells barbecued with tomatoes, green pepper, onion, garlic, ginger cooked in fresh herbs & spices, in a special sauce.	
Methi Chicken Or Lamb 🌿	£9.45
Chicken or lamb cooked with fresh garlic, ginger and fenugreek leaves.	
Achari	£9.45
Chicken or lamb pieces cooked with mixed pickle with herbs and thick sauce slightly spiced.	

## Authentic Indian Dishes

	Chicken	Lamb	Chicken Tikka 🍷🍷	Lamb Tikka 🍷🍷	Prawn 🍷	King Prawn 🍷	Veg	Paneer 🍷
Curry 🌿 Medium	£7.45	£7.45	£8.70	£8.70	£8.45	£9.45	£6.90	£8.45
Madras 🌶️ Hot and spicy with lemon juice & garlic.	£7.90	£7.90	£8.90	£8.90	£8.90	£10.90	£7.45	£8.90
Vindaloo 🌶️🌶️ Very hot.	£7.90	£7.90	£8.90	£8.90	£8.90	£10.90	£7.45	£8.90
Korma 🍷🍷 Very mild in creamy sauce.	£7.90	£7.90	£8.90	£8.90	£8.90	£10.90	£7.45	£8.90
Dupiaza 🌿 Diced onion and capsicum cooked in thick spicy sauce.	£7.90	£7.90	£8.90	£8.90	£8.90	£10.90	£7.45	£8.90
Pathia 🌶️ Cooked in condensed tomato & onion sweet & sour sauce. Slightly hot.	£7.90	£7.90	£8.90	£8.90	£8.90	£10.90	£7.45	£8.90
Dansak 🌶️ Cooked in condensed tomato, onion and lentils, sweet & sour sauce. Slightly hot.	£7.90	£7.90	£8.90	£8.90	£8.90	£10.90	£7.45	£8.90
Sag 🌿 With fresh spinach & garlic. Medium hot.	£7.90	£7.90	£8.90	£8.90	£8.90	£10.90	£7.45	£8.90
Rogan Josh 🌿 Herbs and spices, topped with a layer onions, capsicum & tomatoes.	£7.90	£7.90	£8.90	£8.90	£8.90	£10.90	£7.45	£8.90
Bhuna 🌿 Cooked with herbs & thick sauce. Slightly spiced.	£7.90	£7.90	£8.90	£8.90	£8.90	£10.90	£7.45	£8.90
Jalfrezi 🌶️🌶️ A hot dish cooked with fresh spices, green chillies, onions & green peppers.	£7.90	£7.90	£8.90	£8.90	£8.90	£10.90	£7.45	£8.90

## Balti Collection

All dishes are cooked in a cast iron Sylheti pan known as balti, cooked with fresh blended spices, fresh tomatoes, green peppers, onions & flavoured with green herbs. The strength of balti dishes can be prepared to suit to your taste.

Chicken	£8.90	Prawn 🍷	£9.45
Lamb	£9.45	King Prawn 🍷	£10.90
Chicken Or Lamb Tikka 🍷🍷	£9.90	Vegetable	£7.90

## Biryani

A beautiful combination of basmati rice with tomatoes, cucumber. Served with vegetable curry. A truly tasty dish, may suit almost every kind of palate.

Chicken or Lamb Biryani	£8.90	Mushroom Biryani	£8.90
Prawn Biryani 🍷	£8.05	Aroma Special Biryani	£10.90
King Prawn Biryani 🍷	£10.90	Keema Biryani	£8.90
Vegetable Biryani	£8.90	Chicken Tikka Biryani 🍷🍷	£9.45

## Accompaniments & Snaddries Vegetable

Any side dishes can be prepared as a main dish for £5.95

Bombay Aloo	£3.95
Semi dry potatoes cooked with tomatoes & spices. Slightly hot.	
Aloo Gobi Potato & cauliflower in spices.	£3.95
Sag Aloo Spinach & potatoes in spices.	£3.95
Vegetable Curry	£3.95
Bindi Bhaji Fresh okra (Ladies fingers) cooked with exotic spice.	£3.95
Brinjal Bhaji Aubergine cooked with exotic spices.	£3.95
Uree Bhaji Fresh green beans exquisitely stir-fried with ginger, garlic, tamarind & coriander.	£3.95
Chana Bhaji Chick peas cooked in a special blend of spices.	£3.95
Chana Aloo Chick peas & potatoes.	£3.95
Cauliflower Bhaji Cauliflower with spices, onion & tomato.	£3.95
Mushroom Bhaji Mushrooms with spices, onion & tomato.	£3.95
Mattar Paneer Peas in special spices cooked with Indian cheese. 🍷🍷	£3.95
Sag Paneer Home made cheese & spinach. 🍷🍷	£3.95
Chilli Paneer Homemade cheese, green & red peppers & green chillies. 🍷🔪	£4.40
Neramish Dry vegetables.	£3.95
Sag Bhaji Spinach with spices & garlic.	£3.95
Tarka Dal Cooked lentils garnished with fresh garlic.	£4.40
Chana Sag Chick peas cooked with spinach.	£3.95

## Rice & Naan

Rice	£2.70	Plain Naan 🍷🍷🍷	£2.70
Pilau Rice	£2.95	Peshwari Naan 🍷🍷🍷🍷	£2.95
Aromatic rice.		Sweet fruity filled naan.	
Egg Fried Rice 🍷	£3.95	Keema Naan 🍷🍷🍷	£2.95
Garlic Rice	£3.95	Spicy minced lamb filled bread.	
Pilau rice fried with roasted garlic & onions.		Garlic Naan 🍷🍷🍷	£2.95
Mushroom Rice	£3.95	Filled with chopped garlic.	
Pilau rice fried with mushroom.		Stuffed Naan 🍷🍷🍷	£2.95
Special Rice 🍷	£3.95	Vegetable filled bread.	
Keema Rice	£3.95	Chilli Naan 🍷🍷🍷	£2.95
Pilau rice fried with minced meat.		Filled with chopped green chilli.	
Lemon Rice	£3.95	Garlic Chilli Naan 🍷🍷🍷	£2.95
Rice fried with onions, lemon peel & juice with coriander.		Filled with chopped green chillies and coriander.	
Vegetable Rice	£3.95	Paratha 🍷🍷	£2.95
Coconut Rice	£3.95	Stuffed Paratha 🍷🍷	£2.95
Oriental Rice	£3.95	Chapati 🍷	£1.75
Special pilau rice fried with peas & mushrooms.		Puri 🍷	£1.75
Chicken Rice	£5.45	Tandoori Roti 🍷🍷🍷	£2.70
		Garlic Chilli Keema Naan 🍷🔪	£3.30

## Curry Sauce

Curry sauce/ madras sause/ vindaloo sauce (Each)	£3.50
korma sauce/masala sauce/phall sauce (Each)	£3.50

*Banquet- Every Sunday (12:00pm -04:00pm)*

5 COURSE MEAL FOR £14.95

1 Pappadom, 1 Starter, 1 Main Dish, 1 Veg. Side Dish, Pilau Rice or Naan  
ADD £2.95 FOR KING PRAWN OR LAMB CHOPS ELIGIBLE DISHES ONLY